



# HERBAL DETOX PLAN

**STEP 1** - for the first three days..

LIVOTROL - Take 1 - 2 capsules, 3 times per day with food.

ZYMAX - Take 1 - 2 capsules, 3 times per day with food.

**STEP 2** -

LIVOTROL - Take 1 - 2 capsules, 3 times per day with food.

ZYMAX - Take 1 - 2 capsules, 3 times per day with food.

PARASITROL - Take 1 capsule, 1 - 2 times per day with food.

COLCURE - Take 1 - 2 capsules mixed in water, 1 - 2 times per day and 10 minutes before a meal.

**STEP 3** - When LIVOTROL supply is finished continue with..

COLCURE - Take 1 - 2 capsules, 2 - 3 times per day with food (adjust number as required).

ZYMAX - Take 1 - 2 capsules, 3 times per day with food (with each main meal).

PARASITROL - Take 2 capsules, 2 - 3 times per day with food.

For additional benefit, you may continue with STEP 3 for up to 3 months if you prefer and repeat this Detox cleanse once each year to cleanse your system.

You may also continue with additional products..

XBIOTIC - If used with other products take 1 capsule 1 - 3 times per day with meals.